

# Balsamic Chicken & Strawberry Salad

*This elegant (but simple!) salad is perfect for warm summer evenings.*

*\*4 servings\**

## Dressing

1 tablespoon sugar  
2 tablespoons balsamic vinegar  
1 tablespoon water  
salt and freshly ground black pepper  
2 tablespoons extra –virgin olive oil

## Salad

8 cups torn romaine lettuce  
2 cups sliced strawberries  
1/3 cup vertically sliced red onion  
1 ½ cups skinless, boneless grilled chicken breast, sliced  
2 tablespoons unsalted cashews, pecans or slivered almonds  
½ cup (2 ounces) crumbled blue cheese

To prepare dressing, combine first four ingredients in a small bowl. Gradually drizzle in oil, stirring constantly with a whisk.

To prepare salad, combine romaine and the next four ingredients (through chicken) in a bowl; toss gently with dressing. Divide chicken mixture between four plates. Sprinkle with nuts and cheese.

*Serve with our Barbera, Zinfandel or Pinot Gris!*

